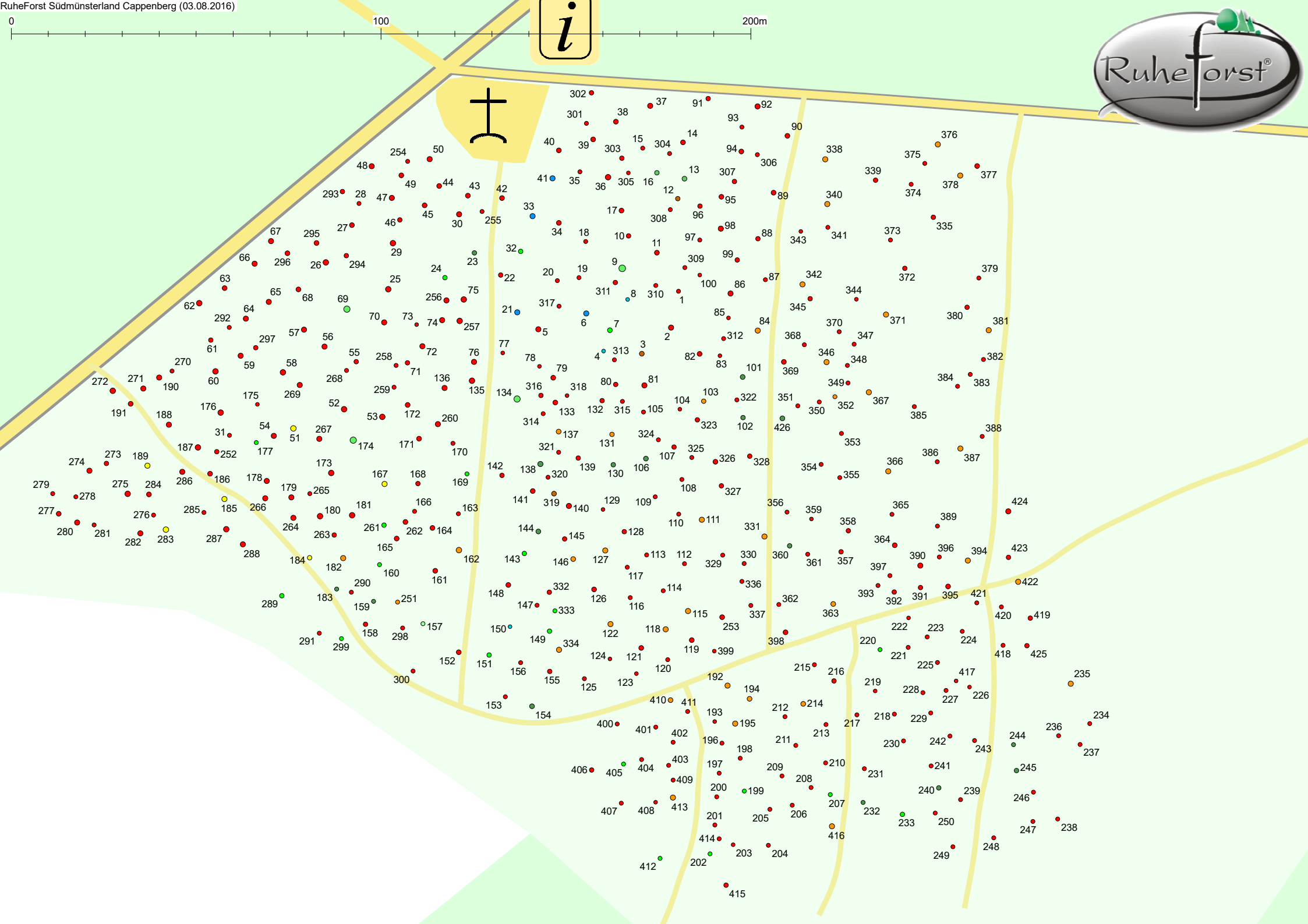RuheForst Südmünsterland Cappenberg (03.08.2016)